



*Be Not Afraid,
Father God is in Control*

BY

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2010 New Year's Message*

WHEN WE ARE AFRAID...

When we are afraid, and so many things bother us, and when anxiety prevails in our spirit, then we already lose our battle before we even begin to fight. We would have been overcome by our own self-defeat before the fight ensues. When our heart and mind is not at peace, our spirit shrinks in the shadow of our own fear beyond what our total being could even fathom.

When we are afraid that the world around us is in misery and suffering, that war and terror is relentless, when the economy is bleak, when our own personal life is affected directly by all these, then we realize that things are out of our control. Yet we know deep within that we cannot passively just wait and see. We go seek relief, we pray and we search for answers and solutions.

When we are afraid, we have no peace or strength. When we are afraid we lose hope. From there, if unabated, we spiral downhill to the lies the Evil one tells us in our inner thoughts. Self-pity and feeling of grief or doom prevails, and worse, depression takes over.

It is normal and human to feel afraid and anxious. We are human indeed but what we fail to remind ourselves is that we are human with a Father who is God. For God gave us, not a spirit of fear, but a Spirit that makes us God's children and by that Spirit we can cry out to Him as Father (Romans 8:15). That means, therefore, that we are children of a King who is Divine, who is God Himself, and who has all the power and all the might to do anything. He is able to do much more than what we can even think of, or imagine (Ephesians 3:20). His thoughts are not our thoughts, and His ways are not our ways (Isaiah 55:8).

We are the apple of His eye (Psalm 17:8). We are the center of His love. His love is unconditional. So that no matter how sinful we are, He still loves us and wishes all the good things for us. He has come so we may have life and life abundantly (John 10:10).

We are not in control any more. We are being told by this Almighty Power: I have given, I can take it away. God wants each of us and the whole world to wake up to His Truth, that there is a God. It is time for Him to assert His Wisdom to a world, like some of us, who subconsciously or consciously think that we are gods.

Not many of us will ever admit that we think we are gods. Of course not. We are not that arrogant. It does not take arrogance to consider ourselves as god, it simply takes for us to think that we can do anything or put anything else in priority above God. We consider others higher than God when we put some one or something else as priority over God. We consider ourselves god if put our own desires and wishes insubordinate to His will.

Now that we feel helpless, we believe we are at the bottom of a pit. There is this lingering darkness inside and outside of our being which we seem to feel like we cannot overcome. Why? It is because we know we are not in control. We know that in the predicament many of us are in now in our own lives and this whole world, there is some helplessness and sense of hopelessness.

God may have no other choice but to put us down there to be able to take us out of the path of self-destruction. History through the thousands of years has repeatedly recorded that when man reaches peaks of glory, power and abundance and he forgets God, subsequently man experiences his downfall and defeat in all aspects of life. From the beginning of time, this is highlighted in Genesis with Adam and Eve, all the way to the Roman Empire, to the present time in this 21st century's events. The superpower U.S.A. has been humbled down beyond imagination. God is calling our attention.

This is true even for you and me. We are soaring high, exalted, and gloriously rejoicing for our own individual accomplishments in family, work or business, ministry, civic work, and then we realize we are humbled as well. So that we may be little like a flower, or a raindrop whose only joy is to glorify His Creator. From the abstract and complex world of technology and global transactions, the rat race out there, the hectic life of family and work, there is this one little quiet yet peaceful part of our being which our Creator created just for you and Him. A part of ourselves we only find in a still and quiet spirit, to know that He is God. (Psalm 46:10).

The most humble and devastated we are, away from our pride and grandiosity, the more we can see God. Yes, we can see God. Our God is a god of spirit. Our God is a god of Love. He speaks through quiet meditation and His Word in the Bible. He speaks through others who love Him too, and through circumstances of providential guidance.

God is always waiting for us to ask. He is always yearning to give us abundance. He has seriously offered the ultimate sacrifice and act of Love to each of us so that we may have life eternal, but not just after we die from our physical life, but to enjoy an abundance while he wishes for us to live heaven on earth. The kingdom of heaven is here in our hearts on earth. We need to claim and live it day to day. The glory of His peace must be in our hearts, which others would see regardless of the circumstances we are in on any day, at any time. We must live a life which reveals an evidence of a Living God.

Thus, if we truly believe that God, our Father, will give us what we ask, if we ask according to His will, and we claim that we are confident and not afraid, He has promised that we already receive it as we ask right there and then. When we ask already thankful, God's peace which is beyond human understanding will keep our mind safe, and remove our fear (Phil 4:6-7). We cannot doubt His power. Most of all, we should never doubt His unconditional love.

The only hindrance to all these is ourselves. When we are afraid, we seem to say we do not believe it is possible for God to take control. When we are afraid, we seem to tell God we do not have trust that He can. When we are afraid, we doubt our own

worthiness under His will, and “yes” we can be abundant, we can be healed, we can prevail, we can be successful. We are afraid of our own preconception of our self, that we are human and helpless, and to imagine all the possibilities of God’s plan for us is unfathomable or impossible.

While we should be humble, we should never doubt that we can do any thing through Christ who strengthens us (Philippians 4:13). We can receive all His blessings and our answered prayers through grace, not because we deserve any of it.

We refuse to accept that we can be great. We often find it difficult to even dare to expect a miracle in our life. We find it doubtful sometimes if God even hears our prayer. We say we believe, but do we really believe not only with our lips but with our heart and spirit?

Fear, beyond the fear of God, makes us weak. Anxiety deprives us of peace. Doubt and mistrust leads us to being afraid and anxious. Let us fight our battle by searching within where our strength truly lies, deep and resilient. Seek God and find God, when you seek Him with all your heart (Jeremiah 29:12).

No situation can be too destructive for God not to be able to sustain us. Fear and doubt in God’s hope is the one that destroys, not the event or disaster itself. Nothing can harm us. If we obey, we will not suffer in hard times (Psalm 37:19). Hope from God does not disappoint (Romans 8:8).

Seeing through the eyes of God, we see beauty in His will, regardless of the actual circumstance. We need to seek the eyes of God in any thing that comes our way, in any one who crosses our path, as we already live heaven on earth. In all things, be thankful as this is the will of God in you (1 Thess 5:18).

Be not afraid (Isaiah 43). Be not discouraged (Joshua 1). Nothing can harm us as God himself protects us (Psalm 91). We are God’s children and we need to accept this truth in grace. Yet humble ourselves to remind us each day, that although children of God, we are not God.

Hope: do not fear. **Be thankful:** do not be anxious. **Be faithful:** as that is all He asks of us. **Be obedient** to His will: as that is how we truly overcome, and that is what leads us *to hope, courage, and miracles of God’s abundance!*

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